



# Physics 102

**PHYS  
102**

Work and Energy

## ❖ 7. Energy and Energy Transfer

- Work Done by a Constant Force.
- Work Done by a Spring.
- Kinetic Energy and the Work--Kinetic Energy Theorem.
- The Non-Isolated System — Conservation of Energy.

## ❖ 8. Potential Energy

- Potential Energy of a System.
- Elastic Potential Energy

# Energy

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- Energy is the ability to do work.
- There are many forms of energy.
- Whenever you do work you transfer energy from one form to another.
- It can only be observed when it is transferred.
- Is a scalar quantity.
- Measured in :
  - Joule ( J ) , in SI system.
  - Erg , in CGS system. (1 erg =  $10^{-7}$  J)

# WORK

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Work is the force necessary to move an object a distance.

## Not Work



## Work



model train

crane



# 1. Work Done by a Constant Force

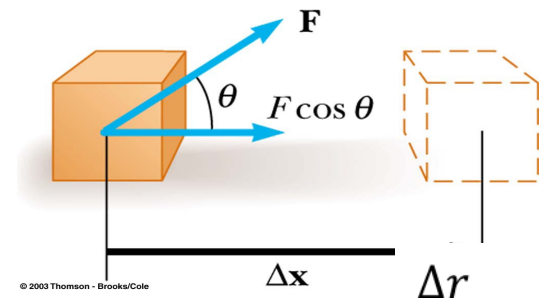
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- If the constant force  $F$  is in the same direction as the displacement, the work  $W$  done on an object is:

$$W = F \Delta r$$

- If the constant force  $F$  makes an angle  $\theta$  with the direction of the displacement, the work  $W$  done on an object by this force is:

$$W \equiv F \Delta r \cos \theta$$



# WORK

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- Work is a scalar quantity.
- Its units are force's unit multiplied by length's unit (N × m).

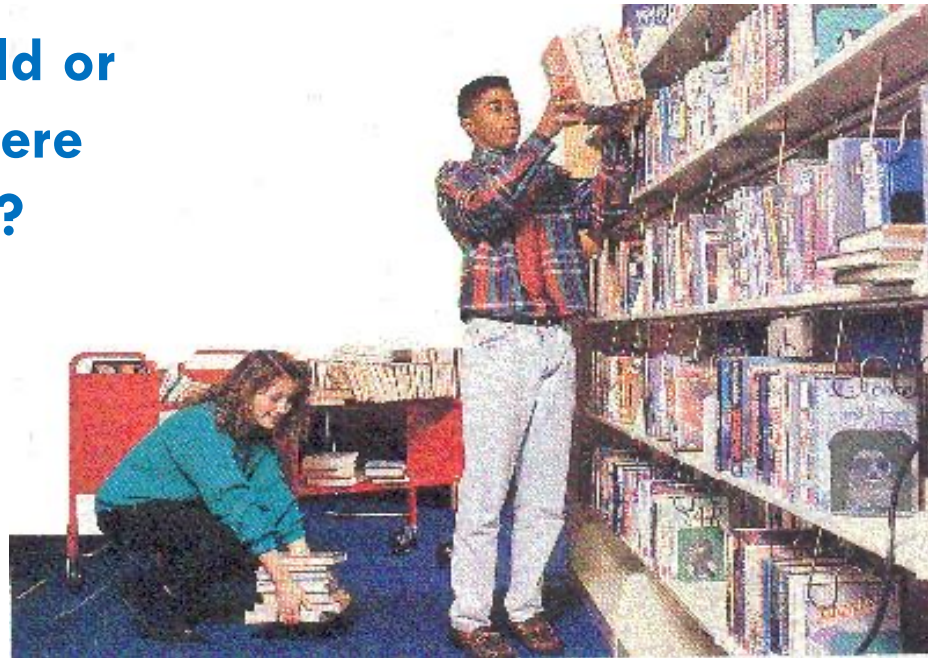
Therefore, the SI unit of work is Joule = .....

the CGS unit of work is erg = .....

# Is there any work done ?

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- When the book are being lifted, is there any work done on it ?
- when they are being held or carried horizontally, is there any work done on them ?



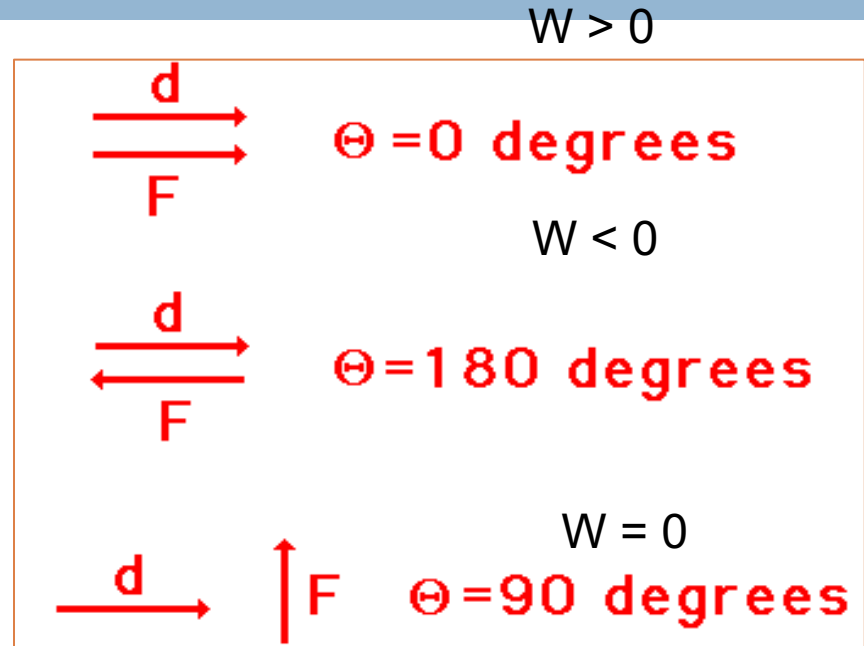
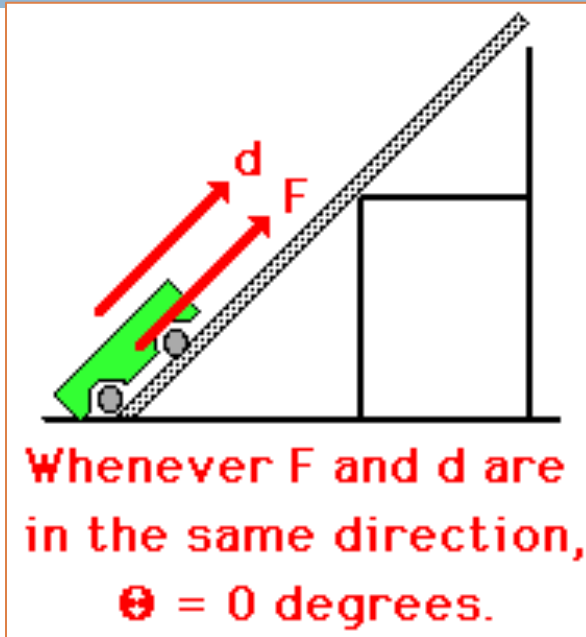
# Is there any work done ?

8

- ❖ Work is done on the books when they are being lifted, (  $F \parallel \Delta x$  )
- ❖ But no work is done on them when they are being held or carried horizontally. ( $\Delta x = 0$  )



The work done may be positive, zero, or negative, depending on the angle between the force and the displacement:



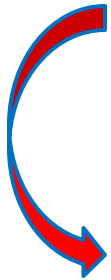
$$W = Fd(\cos \theta)$$

... so when the applied force is perpendicular to the distance, you end up with zero work!

# The sign of the work

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The sign of the work depends on the direction of  $F$  relative to  $\Delta r$ .



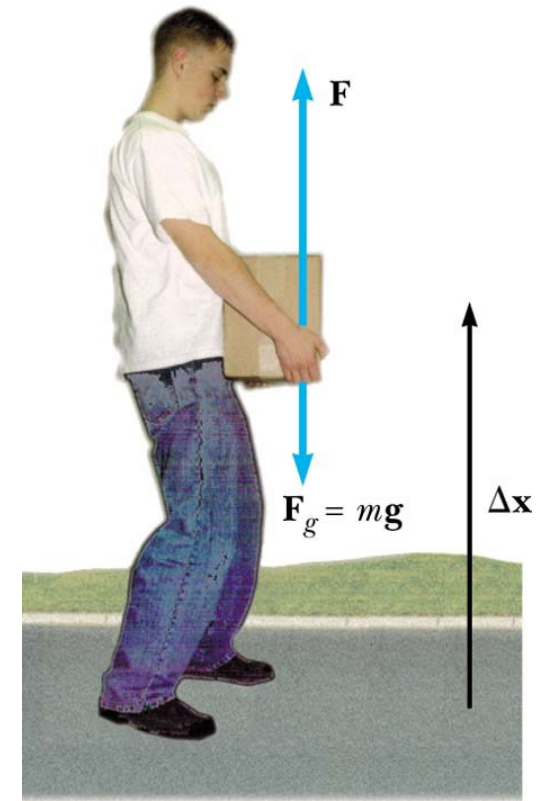
If  $F$  and  $\Delta r$  in the **same direction** the work done is **positive  $W > 0$**

If  $F$  and  $\Delta r$  in the **opposite direction** the work done is **negative  $W < 0$**

# The sign of the work

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- **Man does positive work lifting box ,because applied force is in same direction as the displacement.**
- **Man does negative work lowering box.**
- **Gravity does positive work when box lowers.**
- **Gravity does negative work when box is raised.**



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# Example

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Ex.1: How much work is necessary to lift 10 kg  
5m in the air?

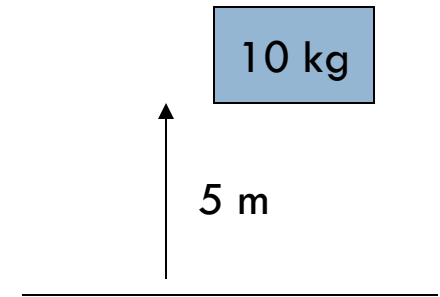
Ans.:

1 ) 10 N

2 ) 50 J

3 ) 490 J

4 ) 4900 J



The answer is:

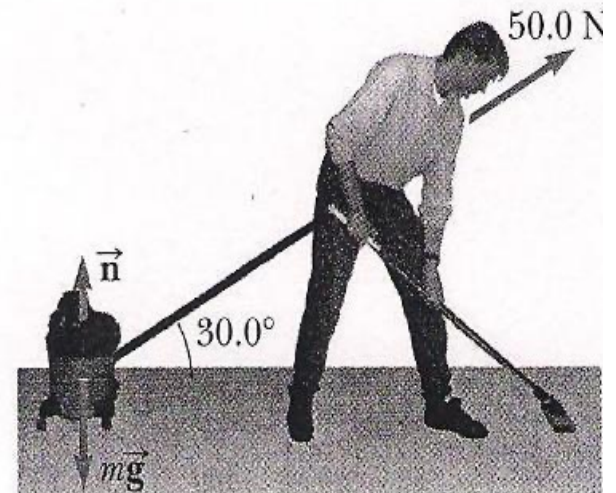
$$W = F \Delta r$$

$$F = mg = 10\text{kg} \times 9.8 \frac{\text{m}}{\text{s}^2} = 98 \text{ N} \rightarrow W = 98\text{N} \times 5\text{m} = 490 \text{ J}$$

# Example 3 : Mr. Clean

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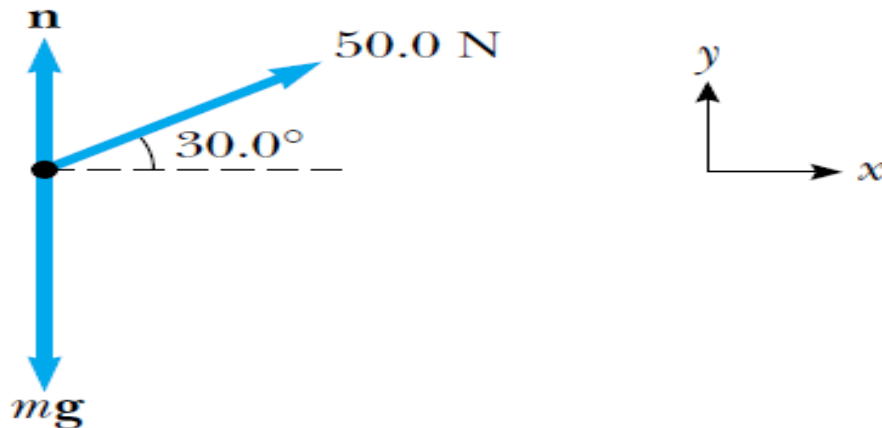
A man cleaning a floor pulls a vacuum cleaner with a force of magnitude  $F = 50.0$  N at an angle of  $30.0^\circ$  with the horizontal. Calculate the work done by the force on the vacuum cleaner as the vacuum cleaner is displaced  $3.00$  m to the right.



# Example 3 : Mr. Clean

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$$W = F \Delta r \cos \theta = (50.0 \text{ N}) (3.00 \text{ m}) (\cos 30.0^\circ)$$
$$= 130 \text{ N} \cdot \text{m} = 130 \text{ J}$$

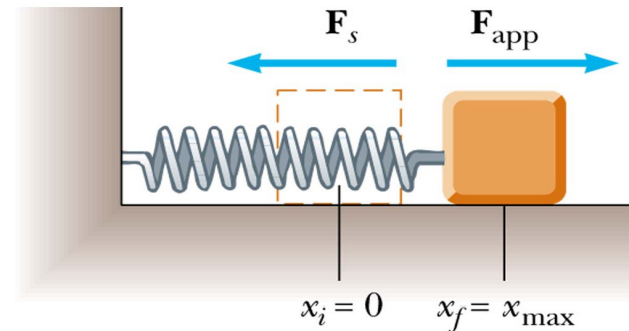


# 2. Work done by a spring

If the spring is either stretched or compressed a small distance from its un-stretched (equilibrium) configuration, it exerts on the block a force that can be expressed as:

$$F_s = - kx$$

where  $x$  is the position of the block relative to its equilibrium position ( $x = 0$ ), and  $k$  is a positive constant called the force constant or the spring constant of the spring.



If the block undergoes a displacement from the work done by the spring on the block is:

$$W_s = - \frac{1}{2} K ( x_f^2 - x_i^2 )$$

$$U = - \int_{ref}^r \vec{F} \cdot d\vec{r}$$
Example

Why negative

$$F(x) = - \frac{dU}{dx}$$
Example

$$F_y = - \frac{dU}{dy} = - \frac{d}{dy} (mgy)$$

$$F_y = - mg$$

$$F_x = - \frac{dU}{dx} = - \frac{d}{dx} \left( \frac{1}{2} kx^2 \right)$$

$$F_x = - kx$$

Force integral and potential
Mathematical definition

# Mechanical Energy



## PHYS 102

Mechanical Energy = Kinetic Energy + Potential Energy

### Potential Energy (Stored energy)

The capacity to do work by virtue of position or configuration



### Kinetic Energy (Energy of motion)

Energy which a body possesses because of its motion, which occurs anywhere from an atomic level to that of a whole organism

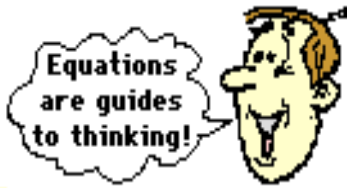
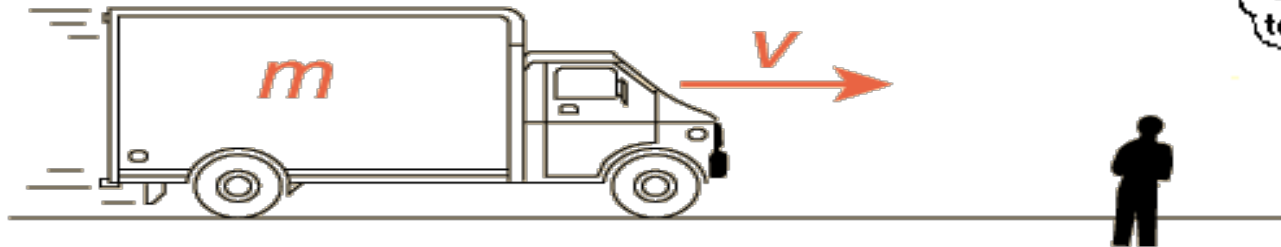




# Kinetic Energy Concept :

Energy which a body possesses because of its motion.

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*You know it's not a good idea to step out into the road right now because of the truck's kinetic energy. It can do work on you as a result of this "motion energy".*

*You know intuitively that the KE depends upon the speed of the truck. A faster truck can do more work on you.*

*The KE depends upon the square of the velocity! So at twice the speed, the truck has 4 x the energy! Why does it increase by the square?*

$$KE = \frac{1}{2} mv^2$$

*Where does the factor 1/2 come from?*

*You know intuitively that the KE depends upon the mass of the truck. A more massive truck could do more work on you.*

**\*\* Kinetic energy is a scalar quantity and has the same units as work.**

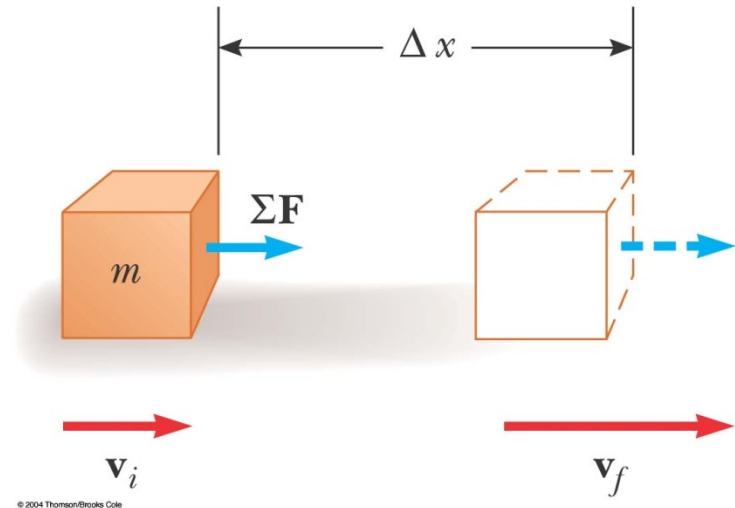
# Work – Kinetic Energy Theorem

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$$W = \int_{x_i}^{x_f} \sum F dx = \int_{x_i}^{x_f} ma dx$$

$$W = \int_{v_i}^{v_f} mv dv$$

$$\sum W = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$



The **total work** done on an object is **equal to** its **final kinetic energy minus the initial kinetic energy**

# The Work – Kinetic Energy Theorem

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$$\sum \mathbf{W} = \Delta \mathbf{K}$$

$$\sum \mathbf{W} = K_f - K_i$$

$$\sum \mathbf{W} = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

“In the case in which work is done on a system and **the only change in the system is in its speed**, the work done by the net force **equals** the change in kinetic energy of the system.”

The **total work** done on an object is **equal to** its **final kinetic energy minus** the **initial kinetic energy**

# Potential Energy

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# Potential Energy of a System

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- **Potential energy** exists whenever an object which has mass has a position within a force field (gravitational, magnetic, electrical).
- Is stored energy.
- is a scalar quantity
- has the same units as kinetic energy and work .
- We will focus primarily on
  - ❖ gravitational potential energy (energy an object has because of its height above the Earth) ,
  - ❖ **and** elastic potential energy ( energy stored in a spring )

# 1. Gravitational Potential Energy

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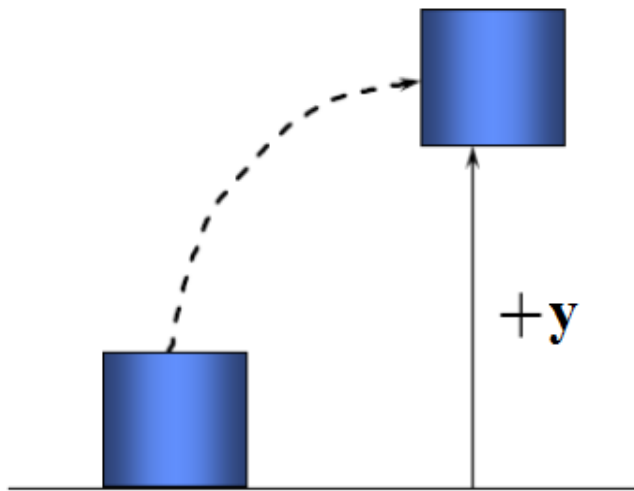
- is the potential energy associated with gravitational force
- $PE_g = m \times g \times y$ 
  - m is mass in kilograms
  - g is acceleration caused by gravity
  - y is vertical distance it can fall in meters.
- Depends on mass and height.
- Remember ( mg ) is weight in N , so ( mgy ) is force times distance.
- Potential energy, like work and kinetic energy, is a scalar quantity & measured in the same unit ( joule ).



## Potential Energy (P.E.)

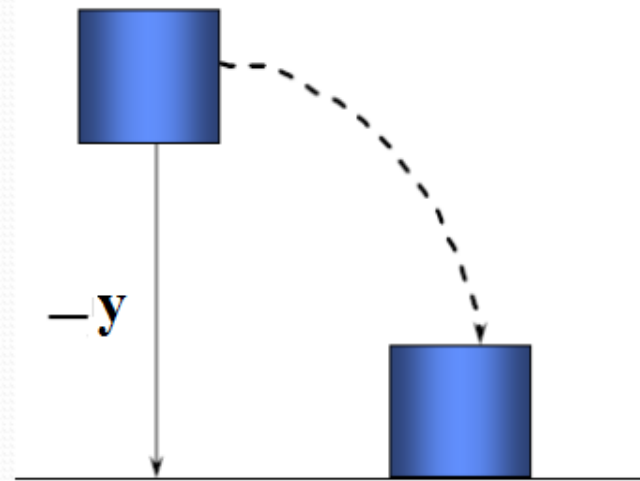
$$\Delta PE = +mgy$$

$$\Delta PE > 0$$



$$\Delta PE = -mgy$$

$$\Delta PE < 0$$



energy due to the **change of position** in gravitational field

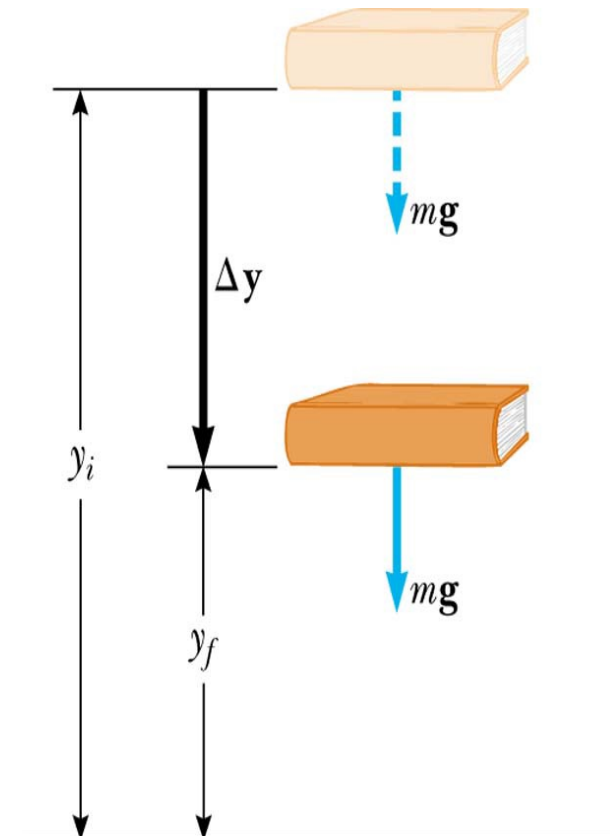
# gravitational work & gravitational potential energy

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➤ The work done by the external force on the system (object and Earth) as the object undergoes downward displacement is given as :

$$W_g = - ( PE_f - PE_i ) = - \Delta PE_g$$

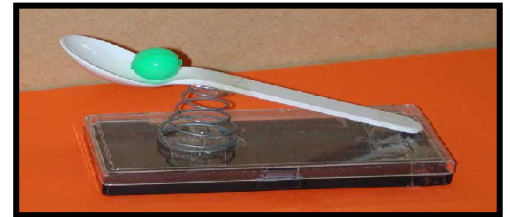
➤ **Explanation:** If an object falls from one point to another inside a gravitational field, the force of gravity will do positive work on the object and the gravitational potential energy will decrease by the same amount.





# ELASTIC POTENTIAL ENERGY

- When you compress a spring:
  - If there is no friction, spring moves back
  - Kinetic energy has been “stored” in the *elastic* deformation of the spring
- Rubber-band slingshot: the same principle
  - Work is done on the rubber band by the force that stretches it
  - That work is *stored* in the rubber band until you let it go
  - You let it go, the rubber gives kinetic energy to the projectile
- *Elastic* body: if it returns to its *original* shape and size *after* being *deformed*.



## 2. Elastic potential energy

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- we learned that the work done by a *spring* is given by:

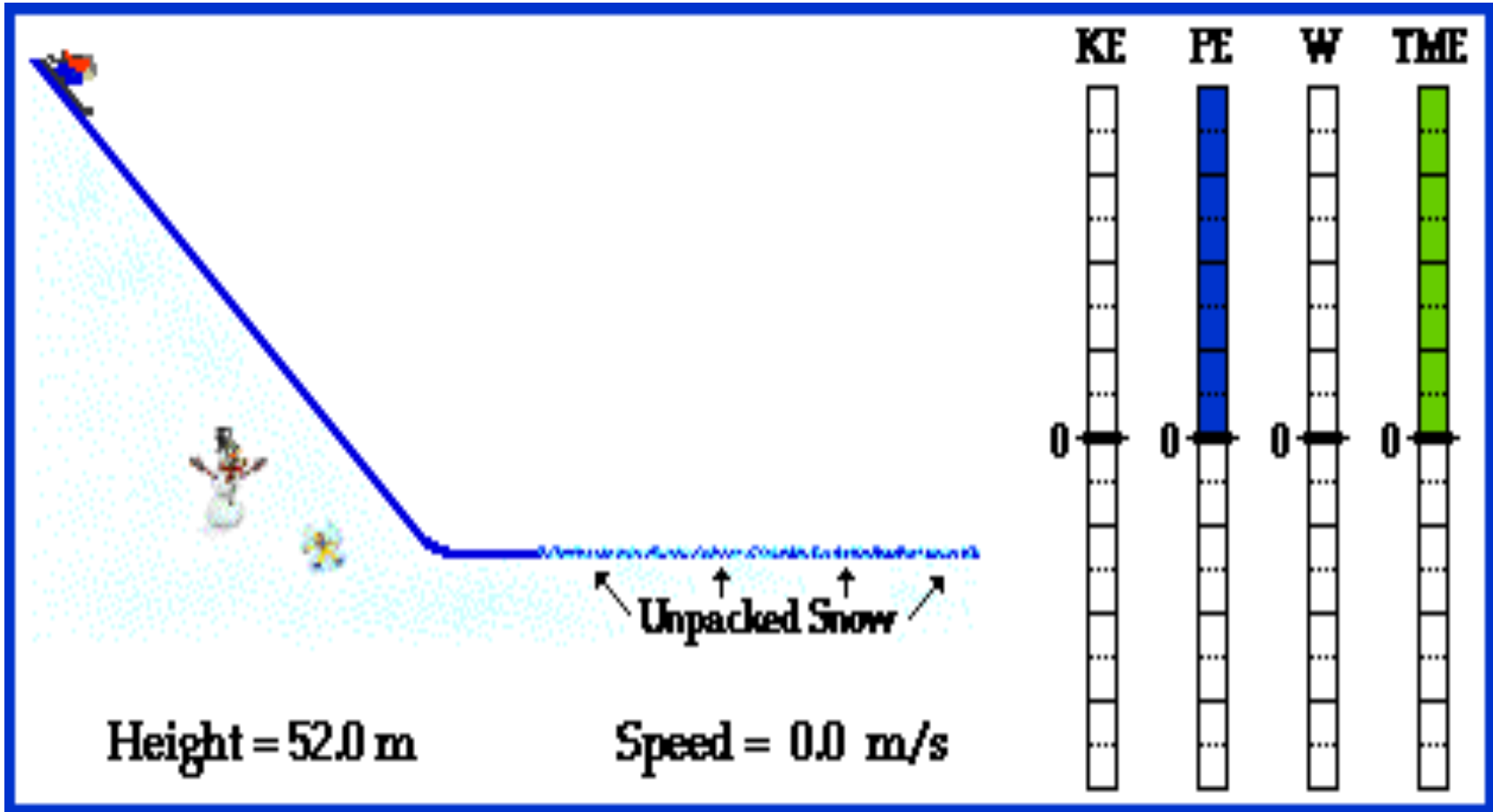
$$W_s = - \frac{1}{2} k ( X_f^2 - X_i^2 )$$

- The **Elastic potential energy** stored in a spring is defined by:

$$PE_s = \frac{1}{2} k X^2$$

# The relationship between KE , PE & W & Total Mechanical Energy

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Total Mechanical energy is due to its vertical position above the ground gravitational potential energy ( $TME = KE + PE$ )

# The Non isolated System – Conservation of Energy

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- Conservative forces: (closed loop net force = 0)  
**Ex.** : Gravity, electrical....  
 $E_{\dagger} \text{ (total energy)} = KE + PE = \text{constant}$
- Non-conservative forces: (net force  $\neq 0$ )  
**Ex.** Friction, air resistance...  
 $E_{\dagger} = KE + PE \neq \text{constant}$
- Non-conservative forces still conserve  
energy !!  
Energy just transfers to thermal energy.

# The Law of Conservation of Energy

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Energy in a system may take on various forms  
(e.g. kinetic, potential, heat, light).

**law of conservation of energy** states that:

energy may neither be created nor destroyed.

Therefore , the sum of all the energies in the system is a constant.

$$KE_i + PE_i = KE_f + PE_f$$

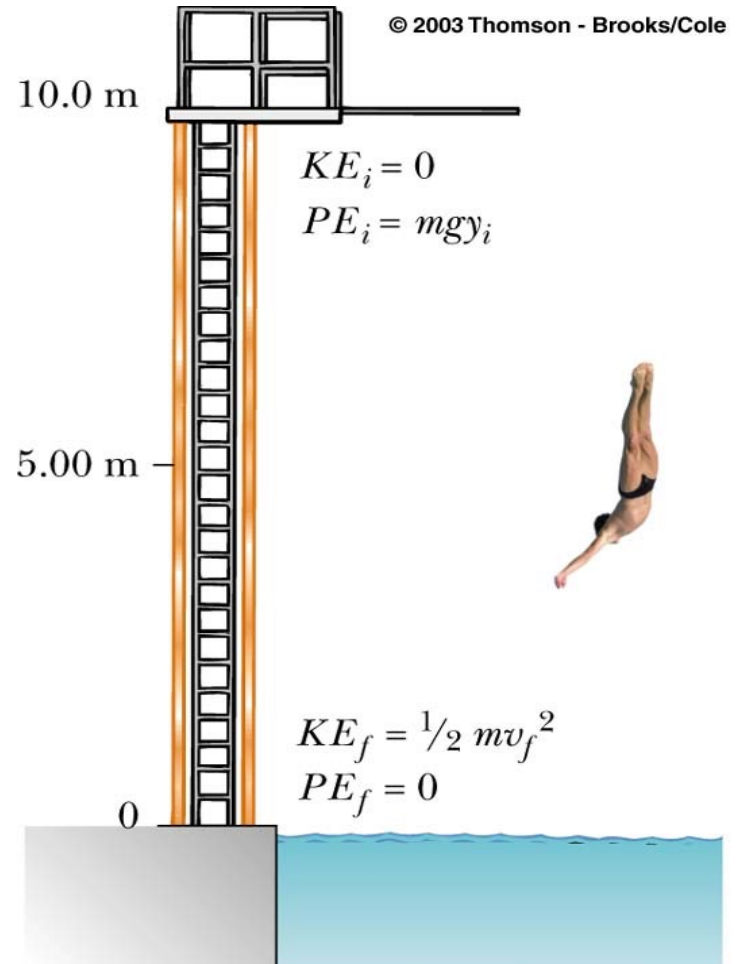
$$\frac{1}{2}mv_i^2 + mgy_i = \frac{1}{2}mv_f^2 + mgy_f$$

# Example

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**A diver of mass  $m$  drops from a board 10.0 m above the water surface, as in the Figure.**

- a) Find his speed 5.00 m above the water surface.  
Neglect air resistance.**
  
- a) Find his speed when he hits the water.**



# Example

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**Ans.:**

$$KE_i + PE_i = KE_f + PE_f$$

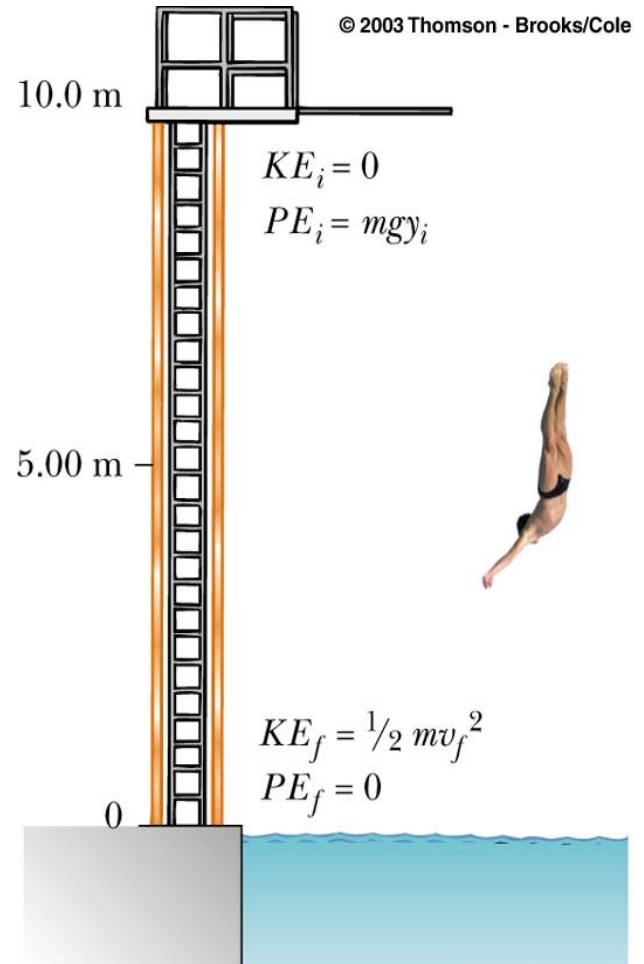
$$\frac{1}{2}mv_i^2 + mgy_i = \frac{1}{2}mv_f^2 + mgy_f$$

$$0 + gy_i = \frac{1}{2}v_f^2 + gy_f$$

$$v_f = \sqrt{2g(y_i - y_f)}$$

$$= \sqrt{2(9.80\text{ m/s}^2)(10.0\text{ m} - 5.0\text{ m})} = 9.90\text{ m/s}$$

his speed 5.00 m above the water surface = **9.9 m/s**



# Example

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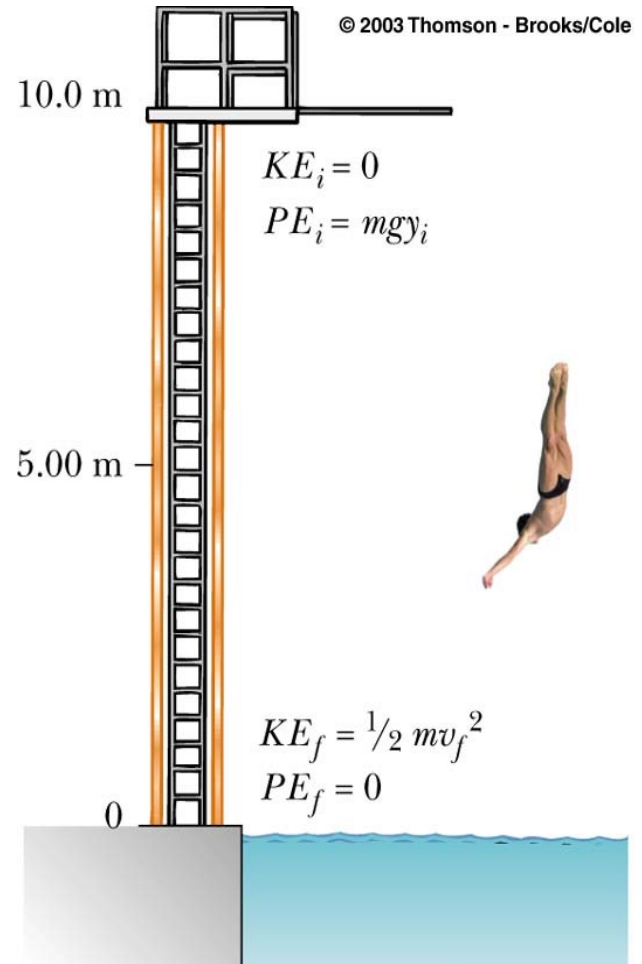
**Ans.:**

(b) Find his speed as he hits the water.

$$\frac{1}{2}mv_i^2 + mgy_i = \frac{1}{2}mv_f^2 + mgy_f$$

$$0 + mgy_i = \frac{1}{2}mv_f^2 + 0$$

$$v_f = \sqrt{2gy_i} = \sqrt{2(9.80\text{ m/s}^2)(10.0\text{ m})} = 14.0\text{ m/s}$$





# Linear Momentum



# Linear Momentum

- **Is defined** to be equal to the mass of an object times its velocity.

$$\vec{p} = m \vec{v}$$

- Momentum is a vector quantity.
- The vector for linear momentum points in the same direction as the velocity.
- S.I unit of momentum : Kg . m/s

# Linear Momentum

The relationship between  $m$  &  $v$

- ▣ Huge ship moving at a small velocity

$$P = Mv$$

- ▣ High velocity bullet

$$P = mV$$

# Linear Momentum

The relationship between  $m$  &  $v$

## Example :

- A 10,000 kg truck moving at 2 m/s has a linear momentum of 20,000 kg.m/s ,while a 80 kg bicyclist moving at 2 m/s has a linear momentum of 160 kg m/s.
- The truck has a much larger linear momentum even though both are moving at the same velocity.
- It is easier to bring the bicyclist to a stop than it is to bring the truck to a stop.
- Similarly, it is easier to stop a bicyclist moving at 2 m/s than a bicyclist moving at 5 m/s.

# Impulse

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Using Newton's Second Law

$$\Sigma F = ma$$

$$= m(\Delta v / \Delta t)$$

$$= (\Delta mv) / (\Delta t)$$

$$= (\Delta p / \Delta t)$$

Rearranging,

$$\text{Impulse} = \Delta p = F \Delta t$$

# How hard is it to stop a moving object?

To stop an object, we have to apply a force over a period of time.

This is called **Impulse**

$$\text{Impulse} = \vec{F} \Delta t \quad \text{Units: N}\cdot\text{s}$$

$F$  = force (N)

$\Delta t$  = time elapsed (s)

# Homework

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- 1- A student lifts a 50 pound (lb) ball 4 feet (ft) in 5 seconds (s). How many joules of work has the student completed?
- 2- what is the kinetic energy of a jogger with a mass of 65 kg traveling with a speed of 2.5 m/s?
- 3- find the potential energy of a street light that has mass of 13 kg and is 4.8 meters above the ground.
4. What distance is a book from the floor if the book contains 196 joules of potential energy and has a mass of 5 kilograms?