



CHAPTER 6

Work and Kinetic Energy

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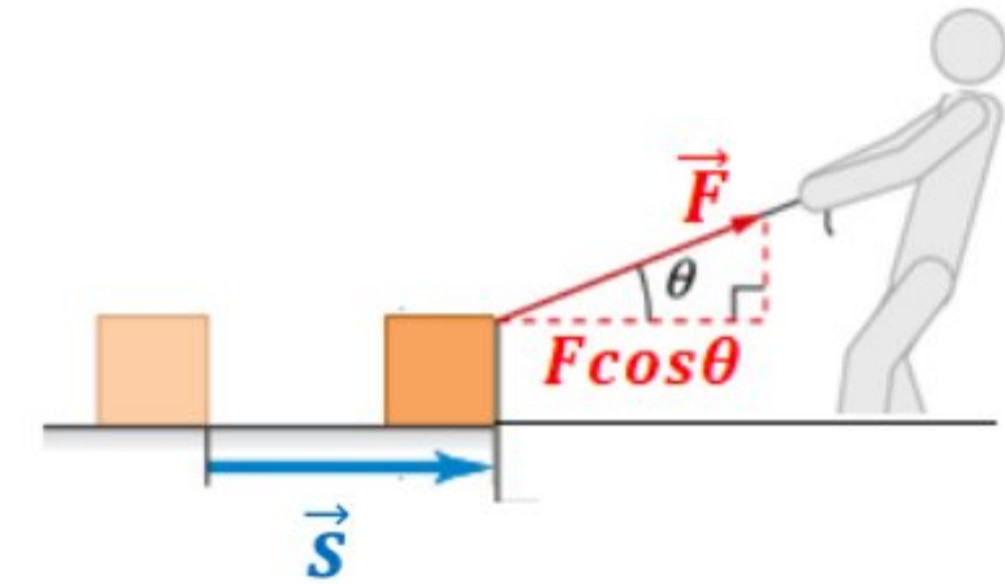
1. Work

2. Kinetic Energy and the Work–Energy Theorem

1. WORK

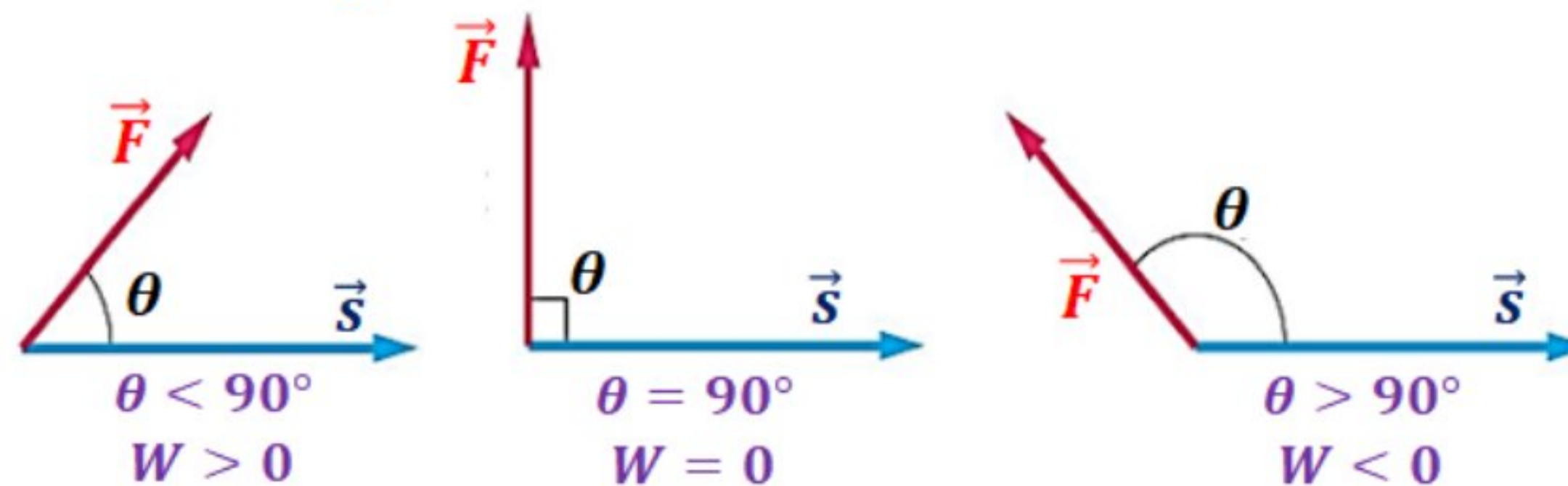
- The work is defined as the ability to perform a force along a certain displacement
- The work done by the constant force \vec{F} is given by the scalar product of the force \vec{F} and the displacement \vec{s} :

- $W = \vec{F} \cdot \vec{s} = F s \cos\theta$ (The S.I unit of work is (N.m) or (J))



where θ is the angle between the force and displacement

- The work done is a scalar quantity and can be zero, positive or negative value, depending on the angle θ between the force and the displacement

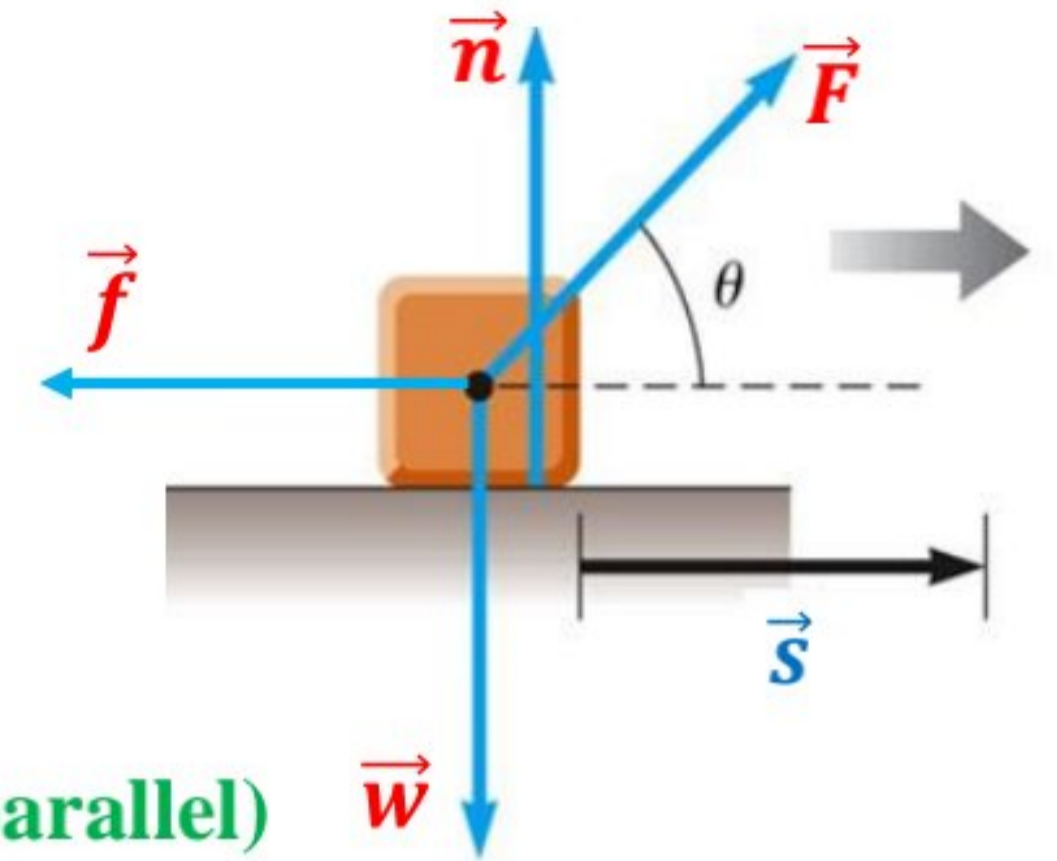


- If more than one force acts on an object, then the total work is equal to the algebraic sum of the work done by the individual forces

$$W_{net} = W_w + W_n + W_F + W_f = F s \cos\theta - fs$$

$W_w = W_n = 0$ (because the angle between the force and displacement is 90°)

$W_f = -fs$ (because the angle between the force and displacement is 180° (anti-parallel)



(Be careful not to confuse the work W with the weight w)

Example 6.1:

A man applies a force (F) of 700 N to a crate and pushes it through a distance of 2 m . Calculate the amount of work done by the man.

While the force \vec{F} and displacement \vec{s} are parallel ($\theta = 0$), the work done is:

$$W_F = F s = 700 \times 2 = 1400 \text{ J}$$



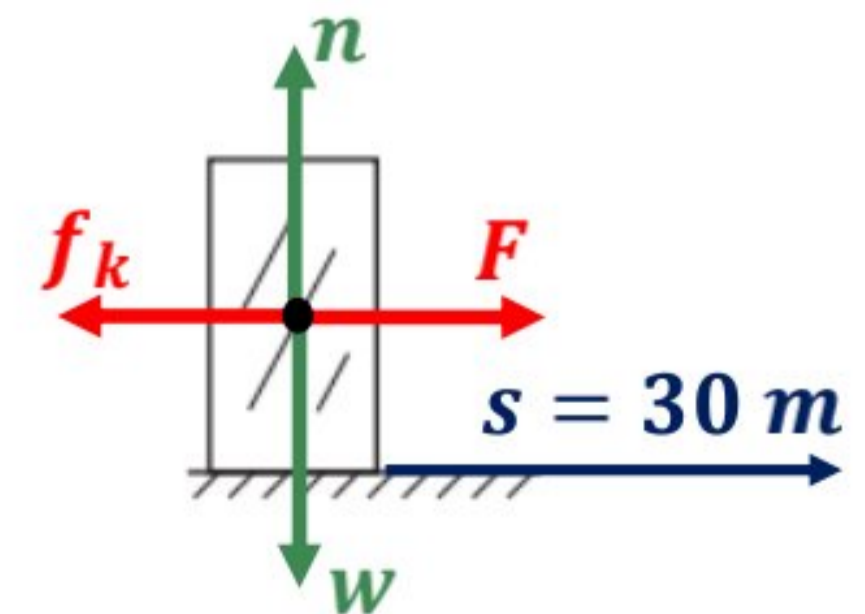
Example 6.2:

A 40 kg box is pulled 30 m on a horizontal floor by applying a horizontal force (F) of magnitude 100 N . If the floor exerts a friction force (f_k) of magnitude 20 N . Calculate:

(a) The work done by the Force F .

While the force F is in the same direction of displacement ($\theta = 0$), the work done is:

$$W_F = F s = 100 \times 30 = 3000 \text{ J}$$



(b) The work done by the weight.

The weight w does no work because it is perpendicular to the displacement ($\theta = 90^\circ$), therefore:

$$W_w = w s \cos 90 = 0$$

(c) The work done by the normal force.

The normal force n is perpendicular to the displacement ($\theta = 90^\circ$):

$$W_n = n s \cos 90 = 0$$

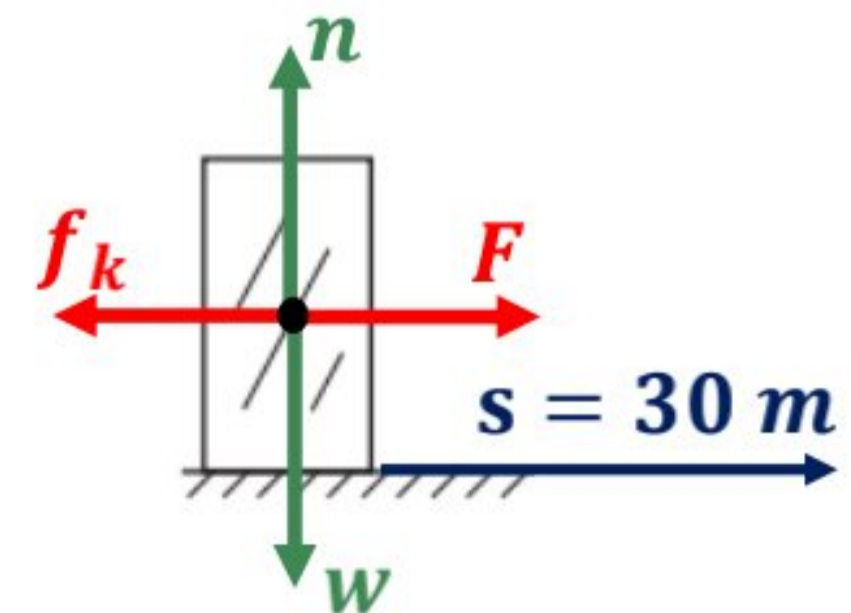
(d) The work done by the friction force.

The angle between f_k and displacement is $\theta = 180^\circ$ because they point in opposite directions, therefore:

$$W_{f_k} = -f_k s = -20 \times 30 = -600 \text{ J}$$

(e) The net work done on the box

$$W_{net} = \underbrace{W_w}_0 + \underbrace{W_n}_0 + W_F + W_f = 0 + 0 + 3000 - 600 = 2400 \text{ J}$$



2. KINETIC ENERGY AND THE WORK–ENERGY THEOREM

- The Kinetic Energy is energy associated with the state of motion of an object.
- For an object of mass m and moving with a speed of v its kinetic energy (K) is:

$$K = \frac{1}{2}mv^2$$

- The KE is a positive scalar quantity with the same unit as work ($N \cdot m$) or Joule (J)
- Work-Energy Theorem state that: The net (total) work done on an object is equal to its change in kinetic energy:

$$W_{net} = F_{net} s = \Delta K = \frac{1}{2}mv_f^2 - mv_i^2$$

Example 6.4:

1. A 4 kg mass has a speed of 25 m/s, what is its kinetic energy?

$$K = \frac{1}{2}mv^2 = \frac{1}{2} \times 4 \times 25^2 = 1250 \text{ J}$$

2. The kinetic energy of an object of mass m moving with a velocity of 5m/s is 25 J. What is the mass m of the object?

$$K = \frac{1}{2}mv^2 \Rightarrow m = \frac{2K}{v^2} = \frac{2 \times 25}{5^2} = 2 \text{ kg}$$

2. If the mass of a moving object was doubled, but its speed remained the same. By what factor is its kinetic energy changed?

$$(m_1, v_1) \Rightarrow K_1 = \frac{1}{2}m_1v_1^2,$$

$$(m_2 = 2m_1, v_2 = v_1) \Rightarrow K_2 = \frac{1}{2}m_2v_2^2 = \frac{1}{2} \times 2m_1 v_1^2 = 2 \times \frac{1}{2}m_1v_1^2 = 2K_1$$

Doubling the mass of the object doubles the kinetic energy. The factor that Kinetic energy change is 2.

2. If the speed of a moving object was doubled, but its mass remained the same. By what factor is its kinetic energy changed?

$$(m_1, v_1) \Rightarrow K_1 = \frac{1}{2} m_1 v_1^2,$$

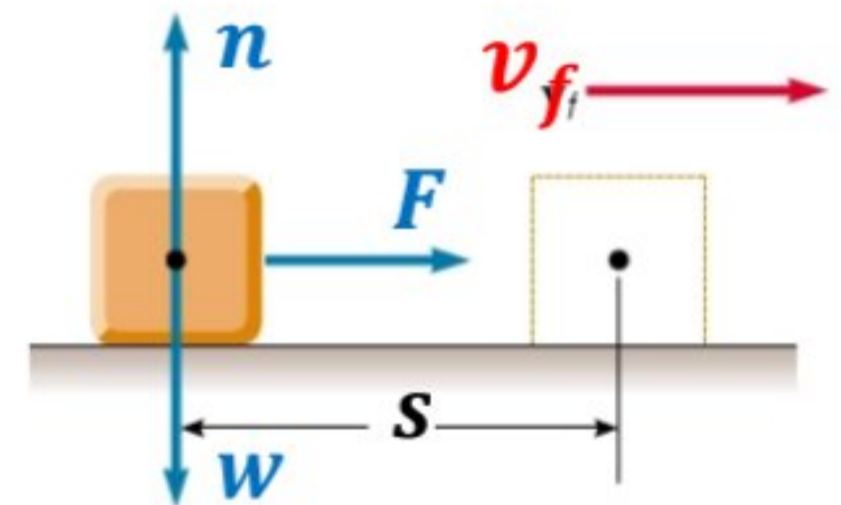
$$(m_2 = m_1, v_2 = 2v_1) \Rightarrow K_2 = \frac{1}{2} m_2 v_2^2 = \frac{1}{2} m_1 (2v_1)^2 = 4 \times \frac{1}{2} m_1 v_1^2 = 4K_1$$

Doubling the speed of the object quadruples the kinetic energy.

The factor that Kinetic energy change is 4.

Example 6.5:

1. A 6.0 kg block initially at rest is pulled to the right along a horizontal, frictionless surface by a constant horizontal force of 12 N. Find the speed of the block after it has moved 3.0 m.



$$W_{net} = \underbrace{W_w}_0 + \underbrace{W_n}_0 + W_F = W_F = F s = 12 \times 3 = 36 \text{ J}$$

$$W_{net} = \Delta K = \frac{1}{2} m v_f^2 - m \underbrace{v_i^2}_0 = \frac{1}{2} m v_f^2 \Rightarrow v_f^2 = \frac{2W_{net}}{m} \Rightarrow v_f = \sqrt{\frac{2W_{net}}{m}} = \sqrt{\frac{2 \times 36}{6}} = 3.5 \text{ m/s}$$